# The Future of Senior Living

James Balda | President & CEO





#### **ABOUT ARGENTUM**





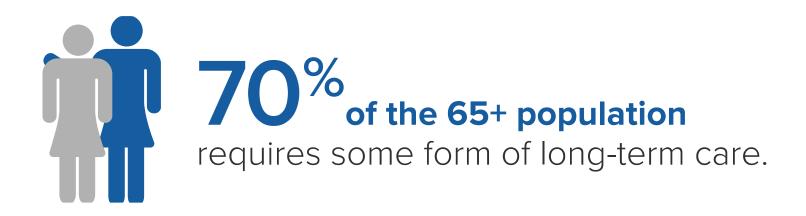


Until the 1980s, seniors who could not live safely in their own home or with family had few alternatives to institutional care.

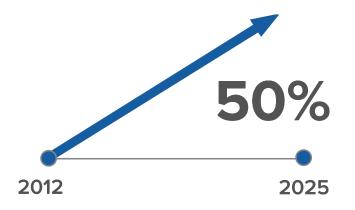


They get assistance they need while maintaining privacy, dignity, and respect.

The nation's aging demographic will create unprecedented demand for the services of the senior living industry.



The nation's aging demographic will create unprecedented demand for the services of the senior living industry.



There will be approximately **1.1** million daily residents at residential care communities in **2025**, an increase of 50 percent from 2012. In 2012, there were **22,200** assisted living and similar residential care communities. In 2014, there were **30,200** assisted living and similar residential care communities.

## **OUR CRITICAL IMPERATIVES**



#### WORKFORCE DEVELOPMENT

Growing a workforce of trained professionals to serve seniors.



#### **CONSUMER CHOICE**

Promoting strategies for financing long term care services and supports.



#### **QUALITY IMPROVEMENT**

Nurturing environments that enhance the quality of life for senior living residents.



#### **OPERATIONAL EXCELLENCE**

Improving the senior living business through innovation and technology.



#### **MEMORY CARE**

Enhancing awareness and best practices for the care of residents with dementia.



## WORKFORCE DEVELOPMENT AN INDUSTRY OF CHOICE

Growing a workforce of trained professionals to serve America's seniors.



# Adding **347,000** new jobs by 2025,

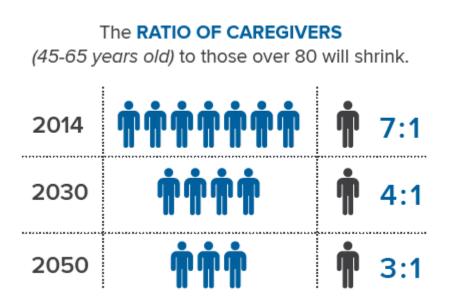
senior living employment will exceed **1.1 million**.

The industry will need to recruit **1.2 million** new employees by **2025**.





### Growing A Workforce Of Trained Professionals To Serve America's Older Adults



• Source: AARP Public Policy Institute

The **SENIOR LIVING INDUSTRY** is an engine of growth for the overall economy.

Senior Living employment INCREASED at an annual rate of **4.1%** between 2001 and 2014, while TOTAL U.S. JOB GROWTH averaged just **0.4%** a year during this period.

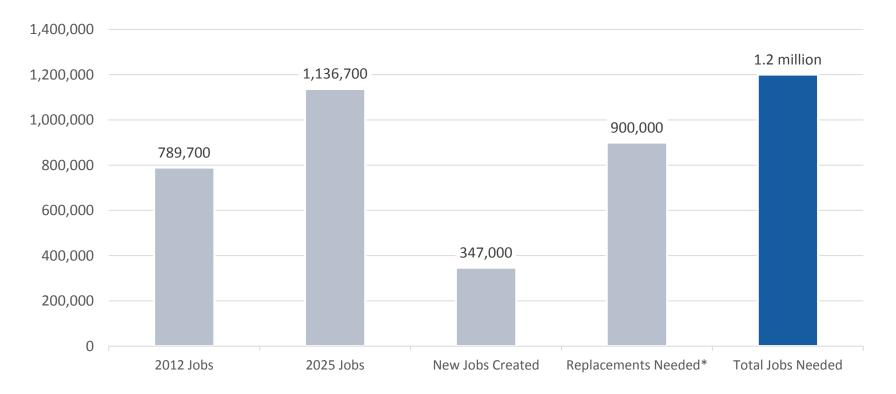
Source: Argentum analysis of Bureau of Labor Statistics data

| OCCUPATION                                      | 2012<br>JOBS | 2025<br>JOBS | NEW JOBS<br>CREATED | REPLACEMENT<br>NEEDS | TOTAL<br>EMPLOYEES<br>NEEDED |
|---|--------------|--------------|---------------------|----------------------|------------------------------|
| Healthcare Occupations                          |              |              |                     |                      |                              |
| Nursing Assistants                              | 167,600      | 259,100      | 91,500              | 187,000              | 278,500                      |
| Home Health Aides                               | 116,400      | 170,100      | 53,700              | 130,000              | 183,700                      |
| Health Technologists & Technicians              | 49,200       | 67,800       | 18,600              | 24,000               | 42,600                       |
| Licensed Practical & Licensed Vocational Nurses | 44,900       | 61,900       | 17,000              | 22,000               | 39,000                       |
| Health Diagnosing & Treating Practitioners      | 37,100       | 51,200       | 14,100              | 15,000               | 29,100                       |
| Registered Nurses                               | 30,700       | 42,300       | 11,600              | 14,000               | 25,600                       |
| Foodservice Occupations                         |              |              |                     |                      |                              |
| Food Servers, Non-restaurant                    | 42,600       | 65,900       | 23,300              | 73,000               | 96,300                       |
| Cooks, Institution & Cafeteria                  | 33,200       | 45,800       | 12,600              | 48,000               | 60,600                       |
| Waiters & Waitresses                            | 14,200       | 19,600       | 5,400               | 26,000               | 31,400                       |
| Food Preparation Workers                        | 11,600       | 14,300       | 2,700               | 20,000               | 22,700                       |
| Dishwashers                                     | 10,400       | 14,000       | 3,600               | 17,000               | 20,600                       |
| Management Occupations                          | 25,100       | 34,500       | 9,400               | 17,000               | 26,400                       |
| Business & Financial Operations Occupations     | 6,800        | 10,000       | 3,200               | 5,000                | 8,200                        |
| Building & Grounds Cleaning & Maintenance Occup | ations       |              |                     |                      |                              |
| Maids & Housekeeping Cleaners                   | 41,700       | 57,500       | 15,800              | 55,000               | 70,800                       |
| Personal Care & Service Occupations             |              |              |                     |                      |                              |
| Personal Care Aides                             | 61,500       | 89,900       | 28,400              | 85,000               | 113,400                      |
| Recreation Workers                              | 16,700       | 24,000       | 7,300               | 24,000               | 31,300                       |
| Office & Administrative Support Occupations     |              |              |                     |                      |                              |
| Receptionists & Information Clerks              | 13,600       | 16,400       | 2,800               | 16,000               | 18,800                       |
| Installation, Maintenance & Repair Occupations  |              |              |                     |                      |                              |
| Maintenance & Repair Workers, General           | 16,100       | 22,200       | 6,100               | 12,000               | 18,100                       |

Top Occupations in the Senior Living Based on 2012 to 2025 Projections

• Source: Argentum projections, based on data from the Bureau of Labor Statistics

### NATIONAL WORKFORCE PROJECTIONS



\*In addition to the new jobs created as a result of continued growth in senior living communities, the industry will need to fill job openings that result when employees permanently leave their occupations, either through exiting the labor force or transferring to a different occupation. These are referred to as 'replacement needs.'



# WORKFORCE DEVELOPMENT

## **Opportunities**

- Ensure meaningful public policy and legislation
- Expand job creation and invest in training and development
- Research on drivers of employee engagement
- Partner with academic institutions
- Develop and track baseline metrics
- Develop professional credentials



### QUALITY IMPROVEMENT AN INDUSTRY OF SERVICE

Nurturing environments that enhance the quality of life for senior living residents

### **10 YEARS** OF RISING ACUITY IN ASSISTED LIVING

Average Age in 2001Average Age in 2010Average Length of Stay 2001Average Length of Stay 2010

| 2001 | 30%            | 28%                   | 13%           | 15%                   |
|------|----------------|-----------------------|---------------|-----------------------|
| 2010 | <b>45</b> %    | 34%                   | <b>17%</b>    | 23%                   |
|      | Using a Walker | With Heart<br>Disease | With Diabetes | Using a<br>Wheelchair |





Americans will be eligible for Medicare in 2030, causing significant strains on the program.<sup>2</sup> 30%

of states **made change** to assisted living regulations in 2012-2013.<sup>3</sup>



1. Centers for Disease Control 2. Centers for Medicare & Medicaid Services, Kaiser Family Foundation

3. "Best Practices in Managing Acuity Creep in Assisted Living" presented to a 2015 American Health Lawyers Association meeting



# QUALITY IMPROVEMENT

## Opportunities

- Support licensing and enforcement
- Partner for state regulatory review
- Participate in the healthcare continuum
- Encourage innovation
- Develop community standards
- Measure and share quality indicators



## OPERATIONAL EXCELLENCE AN INDUSTRY OF INNOVATION

Improving the senior living business through innovation and technology.



Total wages within assisted living communites rose an average annual rate of **4.8%** between 2001 and 2013 compared to all industries, which rose an average of **2.6%**.<sup>1</sup>

**17.4**<sup>%</sup> of residential care communities used **electronic health** records for purposes other than billing or accounting.<sup>2</sup>



The senior living industry's three main expenses are **labor**, food and **utilities**.<sup>3</sup>



## **OPERATIONAL EXCELLENCE**

Of top performing communities in the area of quality of management, 95% of residents, families, and staff would recommend their community.





# **OPERATIONAL EXCELLENCE**

### **Opportunities**

- Develop benchmarks and share metrics
- Identify and enhance the use of technology
- Innovate by cultivating leaders
- Implement electronic health records
- Identify and share best practices



## CONSUMER CHOICE AN INDUSTRY OF INDEPENDENCE

Promoting strategies for financing long term care services and supports

Between 2015 and 2055, the number of older Americans with several long term services and support needs will increase 140%, reaching 15.1 million.<sup>1</sup>





Less than of Americans have purchased long term care insurance through the private market.<sup>2</sup>

A 65-year-old today will incur **\$138,100** in the future lifetime expenses for severe long term needs.<sup>1</sup>

1. 2015 Urban Institute Study

2. Robert Wood Johnson Foundation, Congressional Budget Office

## **CONSUMER CHOICE**

In 2014, the median income of an older adult was \$31,169 FOR MALES \$17,375 FOR FEMALES

More than **4.2 MILLION** older adults, or **9.5%**, are below the poverty line.<sup>1</sup>

In 2014, individuals 65 and older had **MEDIAN FINANCIAL ASSETS** of **\$76,000** and **MEDIAN HOME EQUITY** of **\$80,000**.<sup>2</sup>



## **CONSUMER CHOICE**

Average life expectancy reached the high

of **78.8** years in 2014.





Aging baby boomers will lift the number of households aged 65 and

over by 2025.



Health insurance does not cover LTSS and Medicare does not cover most of these expenses.



## **CONSUMER CHOICE**

### **Opportunities**

- Support public education
- Promote tax incentives and financing options
- Champion long-term care insurance
- Encourage state-based savings initiatives
- Support public policy options to provide widespread affordable senior housing
- Create innovative financing models
- Work to eliminate financial elder abuse



### **MEMORY CARE**

## AN INDUSTRY OF DIGNITY AND RESPECT

Enhancing quality of life for senior living residents with Alzheimer's disease and related dementias from care to cure.

Today **5.1** million ericans are living with Alzheimer's including an estimated **200,000** under the age of **65**.<sup>1</sup>



**1** in **9** older Americans are living with the disease.<sup>2</sup>

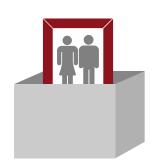


Every 67 seconds someone in the United States develops Alzheimer's disease.<sup>2</sup>



## **MEMORY CARE**

More than **40**% of assisted living residents have Alzheimer's disease or other dementias.



Senior living industry best practices for dementia care include building design, memory boxes, Snoezelen rooms, enhanced dining experience and custom activities.



## **MEMORY CARE**

## Opportunities

- Boost public understanding
- Promote disease management
- Encourage participation in scientific studies
- Support and expand dementia friendly communities
- Develop and and share best practices

## CONCLUSION

- The next 10 years for the senior living industry is full of promise and opportunity.
- Industry must embrace change and forge new alliances.
- Through this extensive six-month listening tour, Argentum has crafted a look at key issues facing the industry over the next 10 years: Workforce Development, Quality Improvement, Operational Excellence, Consumer Choice, and Memory Care.



James Balda President & CEO jbalda@argentum.org

